

# In-Home Supports (Birth to Age 22)

In-Home supports are for children (up to age 22, if he or she has not exited the school system) who have a developmental disability and significant medical or behavioral challenges as determined by He-M 524, and lives at home with his or her family.

These supports, known as In Home Residential Habilitation, include personal care and other related supports and services to promote greater independence and skill development for children or young adults and enable them to remain living at home with their family and actively engaged with their community.

Families are given the opportunity to develop, oversee, and manage the services that meet the needs of their family member.

Services and supports include:

- Assistive technology
- Community integration services
- Environmental or vehicle modifications
- Goods and services
- In home residential habilitation
- Non-medical transportation
- Personal emergency response services (PERS)
- Respite care services
- Service coordination
- Wellness coaching

To receive in home supports, an individual must first be found eligible for Medicaid by the NH Department of Health and Human Services and eligible for services by Northern Human Services as outlined in He-M 503. Contact the Service Coordinator in your geographic area for more information or to schedule an intake.

## What level of support does the service coordinator provide as part of the In-Home Supports program?

On at least a monthly basis, the service coordinator shall visit or have verbal contact with the individual or persons responsible for implementing the service agreement and document these contacts.

The service coordinator shall visit the individual and contact the guardian, if any, at least quarterly in the home , or more frequently if so specified in the individual's service agreement, to determine and document progress made on goals and assess health and safety.

## Who do I contact for more information?

We have service coordinators in multiple locations across the region. Contact the coordinator in your area to learn more.

### *Colebrook - Vershire Center*

24 Depot Street  
Colebrook, NH 03576  
603.237.5721, ext. 8748

- Linda Hook, Service Coordinator ([lhook@northernhs.org](mailto:lhook@northernhs.org))

### *Whitefield - Common Ground*

24 Lancaster Road  
Whitefield, NH 03598  
603.837.9547, ext. 8552

- Sonia Reynolds, Service Coordinator ([sreynolds@northernhs.org](mailto:sreynolds@northernhs.org))

### *Conway - Administrative Office*

87 Washington Street  
Conway, NH 03818  
603.447.3347, ext. 8005

- Denise, Davis, Program Director ([ddavis@northernhs.org](mailto:ddavis@northernhs.org))
- Jenny DaRosa, Program Coordinator ([jdarosa@northernhs.org](mailto:jdarosa@northernhs.org))
- Brooke Sawyer, Service Coordinator ([bsawyer@northernhs.org](mailto:bsawyer@northernhs.org))

### *Woodsville - Common Ground*

250 Swiftwater Road  
Woodsville, NH 03875  
603.447.8009

- Amanda Beck, Service Coordinator ([afetko@northernhs.org](mailto:afetko@northernhs.org))

