# **Residential Services**

Individuals who are eligible for services under <u>He-M 503 (Developmental Services)</u> or <u>He-M 522 (Acquired Brain</u> <u>Disorder</u>) AND who have been determined to need residential supports, have a wide range of individualized residential options for which they may eligible. Housing arrangements for each individual should offer independence while also proving the necessary support for their specific needs.

### Living with Family

#### Family Provider/He-M 521

Often an adult individual chooses to live with their family. Northern Human Services offers support and resources to assist the individual and the family who reside together. To learn more, please reach out to your local housing coordinator.

#### Participant Directed & Managed Services (PDMS)/He-M 525

<u>PDMS/He-M 525</u> is for adults, who have exited the school system and provides individuals with a developmental disability or acquired brain disorder and/or their families the option to design, manage and direct their support services using Medicaid funds.

Some individuals are able to live in their own apartment or house with some support provided by agency staff members. The staff help to support the individual in areas of need (i.e. learning to grocery shop, do laundry, keeping the apartment clean, job support, transportation, etc.).

#### **Certified Community Residence with a Home Care Provider**

A home care provider is an individual living within the community who enters into a contract with Northern Human Services to provide a safe and welcoming home environment and any necessary daily living supports to an individual with intellectual/developmental disabilities or an acquired brain disorder.

Every home/home care provider is thoroughly vetted and prepared to meet the required safety protocols before being certified by the State of New Hampshire.

Potential home care providers must pass the required background checks and complete in-depth training prior to welcoming an individual into their home. When a good match is found between an individual needing support and an approved Home Care Provider, the individual moves into the home care providers residence and becomes part of the family unit.

Each home care provider works with the individual living with them to achieve identified goals, safety and happiness all while being a contributing member of a household. A home care provider can be single, have a significant other, or a family residing in the home.

## **Housing Coordinators**

Berlin/Colebrook Area

• Elise Gaumond: 603.237.5721/egaumond@northernhs.org

Littleton/Whitefield/Woodsville Area

- Paul Jackson: 603.444.8559 pjackson@northernhs.org
- Tammy Cote: 603.444. 8591 tcote@northernhs.org

North Conway/Tamworth/Wolfeboro Area

- Kelly Wims: 603.447.8089/kwims@northernhs.org
- Kelsey Hitte: 603.447.8065/khitte@northernhs.org

## Statewide

• Paul Jackson: 603-444.8559 pjackson@northernhs.org

