MONTHLY DATA TRACKER

HRST — Health Risk Screening Tool

NAME	ID#	SOURCE	YEAR

RATING ITEMS

MONTH – BEGIN WITH CURRENT MONTH IN THE 1ST COLUMN

RATING ITEMS																								
A. EATING:																								
B. AMBULATION:																								
C. TRANSFER:																								
D. TOILETING:																								
E. CLINICAL ISSUES AFFECTING DAILY LIFE:																								
F. SELF-ABUSE:																								
G. AGGRESSION:																								
H. PHYSICAL RESTRAINT USE:																								
I. CHEMICAL RESTRAINT USE:																								
J. USE OF PSYCHOTROPIC MEDS:																								
K. GASTROINTESTINAL (GI) CONDITIONS:																								
L. SEIZURES:																								
M. ANTIEPILEPTIC MEDICATION USE:																								
N. SKIN INTEGRITY:																								
O. BOWEL FUNCTION:																								
P. NUTRITION:																								
Height = Ft_____ In_____ / Monthly weight/BMI:	/	/	/	/	/	/	/	/	/	/	/	/
Q. REQUIREMENTS FOR LICENSED INTERVENTIONS:																								
R. INJURIES																								
S. FALLS:																								
T. PROFESSIONAL HEALTH CARE SERVICES:																								
U. EMERGENCY ROOM VISITS:																								
V. HOSPITAL ADMISSIONS:																								

PURPOSE – The HRST Monthly Data Tracker (MDT) is designed to allow those who support the person most directly to easily track changes related to the 22 rating items of the HRST. Monthly tracking of this information allows a trained HRST Rater to update the HRST web-based application as changes occur. It also allows trends and patterns in scoring changes to be easily seen so that action can be taken.

INSTRUCTIONS TO COMPLETE THE MDT

1. Tracking can begin in ANY month and follow through for the next 12 months using one form
2. Simply assign the score that best describes the person for the current month using the rating key that has been provided
3. Write the number (score) inside the box that corresponds with current month and the rating item
4. For bolded Rating Items, (E, F, G, H, I, K, L, R, S, T, U, V) each month's box is divided into two sections, place a score using the Rating Key in the first box and the number of actual occurrences in the second box for each month.

BEST PRACTICES FOR USING THE MDT

1. Always review and assign a score to each of the 22 rating items monthly
2. After reviewing the MDT each month, if there is a change in the score of any of the 22 rating items, alert a trained HRST Rater so that the web-based application can be updated and appropriate follow-up action be taken by the Rater.

PLEASE NOTE – The person(s) completing the MDT generally does not have extensive HRST training.

It is the responsibility of the trained HRST Rater to verify accuracy of scoring prior to updating the HRST web-based application.